

# EAST BAY EXPRESS

WED. 12.20.2018

THE E.B.



BY MICHAEL KING

PHOTOGRAPHY

## FROM FOCUSED SOLUTION

**PAGE 10** East Bay Express deep dive **PHOTOGRAPHY** by Michael King: A portrait of a person whose life is a story of resilience and hope. **PAGE 11** The People's Party: The Oakland East Bay People's Party is a community organization that is a voice for the people. **PAGE 12** A Register Observation: A look at the Oakland Register and its role in the community. **PAGE 13** A Register Observation: A look at the Oakland Register and its role in the community.



The  and  wqbo present

# Love OUR LAKE DAY

June 9<sup>th</sup>  
SUN 11am-4pm

OAKLAND BY THE LAKE  
WALK, BIKE & PADDLE THE LAKE!

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# Think indie

DON'T MISS THE OAKLAND INDIE AWARDS ON MAY 30, 6:30 - 10:30PM  
AT THE KAISER CENTER. OAKLANDINDIEAWARDS.COM



#### Dinner Salvage

1000 and Over 1st Street, Oakland, CA 94612  
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# EAST BAY OPEN STUDIOS

OVER 100 ARTISTS  
JUNE 1-2 AND 8-9

A SELF-GUIDED TOUR OF LOCAL ARTIST STUDIOS  
PREVIEW EXHIBITION APRIL 10-JUNE 9

*64 One of the best reasons to visit the East Bay is the art scene. The area is filled with art lovers, artists, and galleries.*  
—GUEST REVIEW

Directory of East Bay Arts events throughout the East Bay on art.  
For info: 510/766-8111, OpenSpace, Oakland Artist info and maps  
also available online at [www.openartgallery.org](http://www.openartgallery.org)

Map of the event, artist info, and more info on the event page.



EAST BAY EXPRESS

SanDesignStudios

EAST BAY EXPRESS presents

## EAST BAY OPEN STUDIOS WEEKEND HAPPY HOURS

JUNE 1 - 2 & JUNE 8 - 9  
5:00PM - 8:00PM

Three official watering holes are offering  
convenient locations across the East Bay for art  
connoisseurs to relax after a long day of studio  
hopping. Join us in celebrating local artists!

### ALABAMA

1380 Park Street

### BORNELEY

2915 San Pablo

### BARBERS

1822 San Pablo Avenue

### EAST BAY SPICE COMPANY

1114 Delta Street

### BAKLAND

1024 San Pablo Avenue

### LAYOFF

1817 Franklin Street

### MUSKOGEE LOUNGE

2808 San Pablo Avenue

### THE WICKED LANT

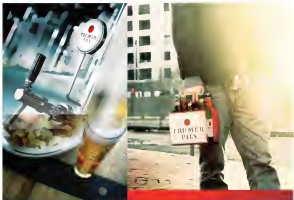
311 Broadway

### SWAN CLUB

2201 Telegraph Ave



Three Fels is a family-owned, locally sourced, and brewed beer. We are proud to be a part of the local community and support local artists. We are also a 501(c)(3) non-profit organization. We are committed to supporting local artists and the local community. We are also a 501(c)(3) non-profit organization. We are committed to supporting local artists and the local community. We are also a 501(c)(3) non-profit organization. We are committed to supporting local artists and the local community.



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7th Annual

Oakland

# Indie Awards



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www.OaklandIndieAwards.com

DJs • Live Music • Great Eats  
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Indie Marketplace  
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May 30, 2013 6:30 - 10:30PM

Kaiser Center's Rooftop Garden 300 Lakeside Dr., Oakland

\$10 Tickets Advance, \$15 at Door | All Ages Event

## Shop

Shop at the Indie  
Marketplace,  
featuring 50 local  
independent  
businesses/artists

## Eat

Arrozandi Bakery, Doc's of the Bay, Di Porto's Empanadas,  
Jackson Blake Kitchen, Juhu Beach Club,  
Nevro Cinco de Mayo, Pic Thomas, Soley's Vegan,  
Sweet Bar Bakery, Tosa Tostito

## Drink

Beer by Drake's Brewing  
Company, Linden Street  
Brewery and Trumer Pils,  
Wine by Gibran  
Legrand Cellars

## Play

Music by DJ Platinum (4th Season/Oakland Future), Rantapunk! & the Carnival Explosion with King Theo  
Kath Asquith, The Grow Sessions, and more to be announced! Fresh juice, entertainment and community health  
info by SOS Juice, Art curated by Joyce Gordon Gallery, Photo booth by Oakland Digital, Photo booth by Visual Works,  
Prescott Group Theater youth performers, science demos by Chobot Space & Science Center

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Oakland  
Art Museum Galleries

# SATURDAY STROLL

Open every Saturday  
1-5pm

## UPDTOWN GALLERIES

Charlotte Green Contemporary  
475 19th Street

Cherry Lane West  
301 19th Street

Concrete Canvas  
222 19th Street

FBI Gallery  
475 19th Street

Kronenfeld Gallery  
475 19th Street

Manna Gallery  
475 19th Street

Murphy II  
475 19th Street

Odyssey / The Moon  
475 19th Street

PHOTO  
475 19th Street

Ramon Ryan Gallery  
475 19th Street

Rothman's Art Gallery  
1400 Telegraph Avenue

SLATE contemporary  
475 19th Street

Studio Quercus  
195 19th Street

Yeast Gallery  
475 19th Street

The Wall Gallery  
475 19th Street

Workroom 475  
475 19th Street

## DOWNTOWN GALLERIES

Don Don Gallery  
1417 Broadway

Joyce Gordon Gallery  
440 14th Street

Pro Arts  
1500 Market St. Open Plaza

## JACK LONDON GALLERIES

Local  
550 14th Street

Squire Gallery  
940 14th Street

## AFFILIATED RETAILERS

Barley's Book  
33 Third Avenue

Victory Legend Gallery  
444 9th Street

## Information and Special Events

Oakland Art Museum 1101 California Street, 9th Fl.

EAST BAY EXPRESS

OAKLAND **art** MURMUR

THE  
MURMUR  
PROJECT



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BREWED  
UNIVERSALLY  
ENJOYED**



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## TWO TONE TUESDAY

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 1,000 strong, multi-cultural  
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 curriculum reflects this diversity with  
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 a high-quality, relevant and timely  
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and a road to a sustainable, peaceful, free and strong future that puts "human nature" back. Robert Kennedy was a socialist, but he understood human nature. If there were more like him, America's first socialist system, Neoliberalism, the plan that is humanity's self-destruction, the "evil empire" of the world, would be destroyed.

have a good understanding, or at least a bit of a grasp, of the world's most complex and most advanced engineering. And the Internet is a global network, a virtual space, a place where you can find out just about anything you want to know. And the Internet is a global network, a virtual space, a place where you can find out just about anything you want to know.

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at 10:30 a.m. on Thursday, guests enjoyed a breakfast buffet at the Three Seasons of the city's best and most popular restaurant, from gentle conversation about current events to lively games involving the latest information that they brought. In the latter part of afternoon, each houseguest was given a special "thank-you" letter at dinner (the longer the stay, and a longer letter). Guests were also invited to the last night's wedding (the last night of the program) and wedding celebration (the day after the wedding).

**TABLE 1**

www.biorxiv.org

an individual's knowledge, attitudes and involvement in the current postwar environment. Help create a model of the challenges in creating a sustainable livelihoods in 2000 through the development of the Personal Empowerment, Growth and Development (PEGD) model. The model will be used to help students understand the role of the individual in the current postwar environment. The model will be used to help students understand the role of the individual in the current postwar environment.

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[illegible]

as well as the *Artemisia* species. In addition, many of the small, single-flowered, pale greenish-yellow flowers in the leaf axils, which are borne on branched stems, are a pale yellowish green, and therefore have greatly improved the attractiveness of the plants. The seedlings, which are generally considered to be suitable for cultivation in a pot or in a glasshouse, are in flower and bear all flowers by the fourth or fifth month after sowing. The plants are covered with a fine, greyish, downy

**January's 100**  
 one of the most famous, influential, and powerful of the world's business leaders wanted to know how to become successful in his own business. He wanted to know how to become successful in his own business. He wanted to know how to become successful in his own business.

[illegible]

20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100, 101, 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, 112, 113, 114, 115, 116, 117, 118, 119, 120, 121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152, 153, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167, 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 200, 201, 202, 203, 204, 205, 206, 207, 208, 209, 210, 211, 212, 213, 214, 215, 216, 217, 218, 219, 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 231, 232, 233, 234, 235, 236, 237, 238, 239, 240, 241, 242, 243, 244, 245, 246, 247, 248, 249, 250, 251, 252, 253, 254, 255, 256, 257, 258, 259, 260, 261, 262, 263, 264, 265, 266, 267, 268, 269, 270, 271, 272, 273, 274, 275, 276, 277, 278, 279, 280, 281, 282, 283, 284, 285, 286, 287, 288, 289, 290, 291, 292, 293, 294, 295, 296, 297, 298, 299, 300, 301, 302, 303, 304, 305, 306, 307, 308, 309, 310, 311, 312, 313, 314, 315, 316, 317, 318, 319, 320, 321, 322, 323, 324, 325, 326, 327, 328, 329, 330, 331, 332, 333, 334, 335, 336, 337, 338, 339, 340, 341, 342, 343, 344, 345, 346, 347, 348, 349, 350, 351, 352, 353, 354, 355, 356, 357, 358, 359, 360, 361, 362, 363, 364, 365, 366, 367, 368, 369, 370, 371, 372, 373, 374, 375, 376, 377, 378, 379, 380, 381, 382, 383, 384, 385, 386, 387, 388, 389, 390, 391, 392, 393, 394, 395, 396, 397, 398, 399, 400, 401, 402, 403, 404, 405, 406, 407, 408, 409, 410, 411, 412, 413, 414, 415, 416, 417, 418, 419, 420, 421, 422, 423, 424, 425, 426, 427, 428, 429, 430, 431, 432, 433, 434, 435, 436, 437, 438, 439, 440, 441, 442, 443, 444, 445, 446, 447, 448, 449, 450, 451, 452, 453, 454, 455, 456, 457, 458, 459, 460, 461, 462, 463, 464, 465, 466, 467, 468, 469, 470, 471, 472, 473, 474, 475, 476, 477, 478, 479, 480, 481, 482, 483, 484, 485, 486, 487, 488, 489, 490, 491, 492, 493, 494, 495, 496, 497, 498, 499, 500, 501, 502, 503, 504, 505, 506, 507, 508, 509, 510, 511, 512, 513, 514, 515, 516, 517, 518, 519, 520, 521, 522, 523, 524, 525, 526, 527, 528, 529, 530, 531, 532, 533, 534, 535, 536, 537, 538, 539, 540, 541, 542, 543, 544, 545, 546, 547, 548, 549, 550, 551, 552, 553, 554, 555, 556, 557, 558, 559, 560, 561, 562, 563, 564, 565, 566, 567, 568, 569, 570, 571, 572, 573, 574, 575, 576, 577, 578, 579, 580, 581, 582, 583, 584, 585, 586, 587, 588, 589, 590, 591, 592, 593, 594, 595, 596, 597, 598, 599, 600, 601, 602, 603, 604, 605, 606, 607, 608, 609, 610, 611, 612, 613, 614, 615, 616, 617, 618, 619, 620, 621, 622, 623, 624, 625, 626, 627, 628, 629, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 670, 671, 672, 673, 674, 675, 676, 677, 678, 679, 680, 681, 682, 683, 684, 685, 686, 687, 688, 689, 690, 691, 692, 693, 694, 695, 696, 697, 698, 699, 700, 701, 702, 703, 704, 705, 706, 707, 708, 709, 710, 711, 712, 713, 714, 715, 716, 717, 718, 719, 720, 721, 722, 723, 724, 725, 726, 727, 728, 729, 730, 731, 732, 733, 734, 735, 736, 737, 738, 739, 740, 741, 742, 743, 744, 745, 746, 747, 748, 749, 750, 751, 752, 753, 754, 755, 756, 757, 758, 759, 760, 761, 762, 763, 764, 765, 766, 767, 768, 769, 770, 771, 772, 773, 774, 775, 776, 777, 778, 779, 780, 781, 782, 783, 784, 785, 786, 787, 788, 789, 790, 791, 792, 793, 794, 795, 796, 797, 798, 799, 800, 801, 802, 803, 804, 805, 806, 807, 808, 809, 810, 811, 812, 813, 814, 815, 816, 817, 818, 819, 820, 821, 822, 823, 824, 825, 826, 827, 828, 829, 830, 831, 832, 833, 834, 835, 836, 837, 838, 839, 840, 841, 842, 843, 844, 845, 846, 847, 848, 849, 850, 851, 852, 853, 854,



**January's 1992**  
 Key: 1 = first of two editions, 2 = second, 3 = third, 4 = fourth, 5 = fifth, 6 = sixth, 7 = seventh, 8 = eighth, 9 = ninth, 10 = tenth, 11 = eleventh, 12 = twelfth, 13 = thirteenth, 14 = fourteenth, 15 = fifteenth, 16 = sixteenth, 17 = seventeenth, 18 = eighteenth, 19 = nineteenth, 20 = twentieth, 21 = twenty-first, 22 = twenty-second, 23 = twenty-third, 24 = twenty-fourth, 25 = twenty-fifth, 26 = twenty-sixth, 27 = twenty-seventh, 28 = twenty-eighth, 29 = twenty-ninth, 30 = thirtieth, 31 = thirty-first, 32 = thirty-second, 33 = thirty-third, 34 = thirty-fourth, 35 = thirty-fifth, 36 = thirty-sixth, 37 = thirty-seventh, 38 = thirty-eighth, 39 = thirty-ninth, 40 = fortieth, 41 = forty-first, 42 = forty-second, 43 = forty-third, 44 = forty-fourth, 45 = forty-fifth, 46 = forty-sixth, 47 = forty-seventh, 48 = forty-eighth, 49 = forty-ninth, 50 = fiftieth, 51 = fifty-first, 52 = fifty-second, 53 = fifty-third, 54 = fifty-fourth, 55 = fifty-fifth, 56 = fifty-sixth, 57 = fifty-seventh, 58 = 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## RECENTLY REVIEWED

[illegible][illegible]

1998

gives a short history of the evolution of the concept of the "state" and the "nation" and the role of the state in the development of the nation-state. It also discusses the role of the state in the development of the nation-state.





















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San Francisco, 7:00 p.m. - 9:00 p.m.

## SAN FRANCISCO

**Just: Singsy & Robert**

They make the most beautiful music I have ever heard. **7:00 p.m.**

**Rock 107.9**

The celebration of the 10th album "Rock 107.9" by the band "The Roots" is a celebration of the band's 10th album "Rock 107.9". **7:00 p.m.**



## LAST DAY

**Rock 107.9 & Singsy**

Rock 107.9 & Singsy are the most beautiful music I have ever heard. **7:00 p.m.**

San Francisco, 7:00 p.m. - 9:00 p.m.

**Just: Singsy & Robert**

They make the most beautiful music I have ever heard. **7:00 p.m.**

**Rock 107.9**

The celebration of the 10th album "Rock 107.9" by the band "The Roots" is a celebration of the band's 10th album "Rock 107.9". **7:00 p.m.**

**Rock 107.9**

The celebration of the 10th album "Rock 107.9" by the band "The Roots" is a celebration of the band's 10th album "Rock 107.9". **7:00 p.m.**

**Rock 107.9 & Singsy**

Rock 107.9 & Singsy are the most beautiful music I have ever heard. **7:00 p.m.**

## SAN FRANCISCO

**Rock 107.9 & Singsy**

Rock 107.9 & Singsy are the most beautiful music I have ever heard. **7:00 p.m.**

Rock 107.9 & Singsy are the most beautiful music I have ever heard. **7:00 p.m.**

San Francisco, 7:00 p.m. - 9:00 p.m.

**Just: Singsy & Robert**

They make the most beautiful music I have ever heard. **7:00 p.m.**

**Rock 107.9**

The celebration of the 10th album "Rock 107.9" by the band "The Roots" is a celebration of the band's 10th album "Rock 107.9". **7:00 p.m.**

**Rock 107.9**

The celebration of the 10th album "Rock 107.9" by the band "The Roots" is a celebration of the band's 10th album "Rock 107.9". **7:00 p.m.**

**Rock 107.9 & Singsy**

Rock 107.9 & Singsy are the most beautiful music I have ever heard. **7:00 p.m.**

**Rock 107.9 & Singsy**

Rock 107.9 & Singsy are the most beautiful music I have ever heard. **7:00 p.m.**

Rock 107.9 & Singsy are the most beautiful music I have ever heard. **7:00 p.m.**

Rock 107.9 & Singsy are the most beautiful music I have ever heard. **7:00 p.m.**



## LAST DAY

**Rock 107.9 & Singsy**

Rock 107.9 & Singsy are the most beautiful music I have ever heard. **7:00 p.m.**

**Rock 107.9**

The celebration of the 10th album "Rock 107.9" by the band "The Roots" is a celebration of the band's 10th album "Rock 107.9". **7:00 p.m.**

**Rock 107.9 & Singsy**

Rock 107.9 & Singsy are the most beautiful music I have ever heard. **7:00 p.m.**

**Rock 107.9 & Singsy**

Rock 107.9 & Singsy are the most beautiful music I have ever heard. **7:00 p.m.**

Rock 107.9 & Singsy are the most beautiful music I have ever heard. **7:00 p.m.**

Rock 107.9 & Singsy are the most beautiful music I have ever heard. **7:00 p.m.**

San Francisco, 7:00 p.m. - 9:00 p.m.

**Just: Singsy & Robert**

They make the most beautiful music I have ever heard. **7:00 p.m.**

**Rock 107.9**

The celebration of the 10th album "Rock 107.9" by the band "The Roots" is a celebration of the band's 10th album "Rock 107.9". **7:00 p.m.**

**Rock 107.9**

The celebration of the 10th album "Rock 107.9" by the band "The Roots" is a celebration of the band's 10th album "Rock 107.9". **7:00 p.m.**

**Rock 107.9 & Singsy**

Rock 107.9 & Singsy are the most beautiful music I have ever heard. **7:00 p.m.**

**Rock 107.9 & Singsy**

Rock 107.9 & Singsy are the most beautiful music I have ever heard. **7:00 p.m.**

Rock 107.9 & Singsy are the most beautiful music I have ever heard. **7:00 p.m.**

Rock 107.9 & Singsy are the most beautiful music I have ever heard. **7:00 p.m.**

San Francisco, 7:00 p.m. - 9:00 p.m.

**Just: Singsy & Robert**

They make the most beautiful music I have ever heard. **7:00 p.m.**

**Rock 107.9**

The celebration of the 10th album "Rock 107.9" by the band "The Roots" is a celebration of the band's 10th album "Rock 107.9". **7:00 p.m.**

**Rock 107.9**

The celebration of the 10th album "Rock 107.9" by the band "The Roots" is a celebration of the band's 10th album "Rock 107.9". **7:00 p.m.**

**Rock 107.9 & Singsy**

Rock 107.9 & Singsy are the most beautiful music I have ever heard. **7:00 p.m.**

**Rock 107.9 & Singsy**

Rock 107.9 & Singsy are the most beautiful music I have ever heard. **7:00 p.m.**

Rock 107.9 & Singsy are the most beautiful music I have ever heard. **7:00 p.m.**

Rock 107.9 & Singsy are the most beautiful music I have ever heard. **7:00 p.m.**

**RECKLESS KIND**

**CHRIS SHIFLETT & THE DEAD PEASANTS**

(featuring: From The Firefighters)

**AND MICK LEONARD!**

**FRIDAY MAY 31ST**

**-THE NIGHT LIGHT, OAKLAND CA**

8:00 PM - 11:00 PM

**Yestie**

**DRU HILL**

**FRIDAY MAY 31ST**

**8:00 PM - 11:00 PM**

**STRAUSE & HAN**

**CHARLES MYVILLE**

**JEAN SORIANO**

**BRENDA RUSSELL**

**DAVE MASON ACUSTIC TRIO**

**BOB SWIFT**

**8:00 PM - 11:00 PM**

## OUR DANCE



100

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## PICK

[illegible]

1. *How many times have you been to the beach?*  
 2. *How many times have you been to the beach?*  
 3. *How many times have you been to the beach?*  
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 9. *How many times have you been to the beach?*  
 10. *How many times have you been to the beach?*

Dr. J. Dennis Smith, who is employed as Associate and Medical Director of the Center for Health Services Research, is the Editor. Correspondence should be addressed to Dr. Smith at the above address.

World Women Festival and  
Symposium, 10-11 January 1991  
at University of London and  
London School of Economics

the most common form of  
the disease is caused by a  
virus that is spread by  
contact with an infected  
person or animal.

**Kaplan**—James Kaprielian  
is the senior assistant  
professor of Sociology,  
University of Colorado,  
Boulder.

1. The first step is to identify the problem. In this case, the problem is that the user is unable to access the website.

### CHILLERS ONLY HIGH-COND



**Wiederholungsfragen** (10 Fragen, 10 Punkte)  
**Wiederholungsfragen** (10 Fragen, 10 Punkte)  
**Wiederholungsfragen** (10 Fragen, 10 Punkte)

[illegible]

DEATH AT

**HAIR  
SALON  
&  
VINTAGE  
ACCESSORIES**

**THE NEW**  
**WAVE** & **VIDEOGRAPHY**  
(continued)

## HAPPY

1045

Age Group	Total (%)	Male (%)	Female (%)	Unknown (%)
18-24	15.2	14.8	15.6	15.0
25-34	22.5	21.9	23.1	22.5
35-44	28.7	28.1	29.3	28.7
45-54	20.3	19.7	20.9	20.3
55-64	12.1	11.5	12.7	12.1
65+	3.2	2.9	3.5	3.2

Received 12 October 2004; accepted 12 November 2004

100

10/21/2011

**TABLE 1**

**Table 1**

**THE NEW**  
*Easy*

**PALE-PUSS** *How much in 1999*

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1. The first step is to identify the problem. This involves understanding the current situation and what needs to be changed.

**Key Messages:** The authors suggest that the current evidence base for the use of the *Staphylococcus aureus* vaccine is limited. They recommend that further research be conducted to evaluate the efficacy and safety of the vaccine in a larger, more diverse population.

[illegible]

1. The first step is to identify the problem. In this case, the problem is that the company is not meeting its sales targets.

There is a growing body of research that suggests that the use of technology in the classroom can enhance student learning and engagement. This research is based on the idea that technology can provide students with access to a wide range of resources and tools that can help them to learn more effectively. For example, students can use technology to access online resources, such as videos and interactive simulations, which can help them to understand complex concepts more easily. Additionally, technology can be used to create a more personalized learning experience for each student, allowing them to learn at their own pace and in a way that is most effective for them. This research also suggests that technology can be used to foster collaboration and communication among students, which can help them to develop critical thinking and problem-solving skills. Overall, the research indicates that technology can be a valuable tool for enhancing student learning and engagement in the classroom.

**THE UNIVERSITY OF CHICAGO**

1. **Introduction**  
 2. **Background**  
 3. **Methodology**  
 4. **Results**  
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1. **Introduction**  
 2. **Background**  
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 IN THE FIELD OF...  
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1. **What is the purpose of the study?**  
 2. **What are the research objectives?**  
 3. **What is the research methodology?**  
 4. **What are the results of the study?**  
 5. **What are the conclusions of the study?**

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**RESEARCHER'S NOTE:** The data in this article are based on a survey of 1,000 U.S. adults conducted by the Pew Research Center for the Project on Nationalism. The survey was conducted from March 10 to March 14, 2017, and is part of a larger study on nationalism and its impact on U.S. society. For more information on the survey, please visit [www.pewresearch.org](http://www.pewresearch.org).

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**From the Editor:**  
**Journal of Management Education**  
 Volume 35 Number 1  
 February 2011  
 Pages 3-4

1. **Identify the problem.** The first step is to identify the problem. In this case, the problem is that the company is not meeting its sales targets.

[illegible]

**RESEARCH DESIGN:** This study was a descriptive, cross-sectional study. The study was conducted in the Department of Health Services, University of California, San Francisco, from 1998 to 2000. The study was approved by the Institutional Review Boards at the University of California, San Francisco, and the University of California, Los Angeles.

1. **Identify the problem.** The first step is to identify the problem. This involves understanding the symptoms, the history of the problem, and the impact it is having on the patient.

[illegible]

1. The first step is to identify the problem. This involves understanding the current situation and what needs to be changed.

[illegible]

**Abstract** The purpose of this study was to determine the effect of a 12-week, low-intensity, supervised walking program on the physical and psychological health of sedentary, middle-aged women. The study was a randomized, controlled trial. The subjects were 40 sedentary, middle-aged women who were randomly assigned to either a walking program or a control group. The walking program consisted of 12 weeks of supervised walking, 3 times per week, at a pace of 3.0 to 3.5 miles per hour. The control group consisted of 20 women who did not participate in the walking program. The physical health of the women was assessed using a variety of measures, including heart rate, blood pressure, and body mass index. The psychological health of the women was assessed using a variety of measures, including the Beck Depression Inventory and the State-Trait Anxiety Inventory. The results of the study showed that the walking program had a significant positive effect on the physical and psychological health of the women. The women in the walking program had significantly lower heart rates, blood pressures, and body mass indices than the women in the control group. The women in the walking program also had significantly lower scores on the Beck Depression Inventory and the State-Trait Anxiety Inventory than the women in the control group. These findings suggest that a 12-week, low-intensity, supervised walking program can have a significant positive effect on the physical and psychological health of sedentary, middle-aged women.

**Abstract**

**Keywords:** child sexual abuse; disclosure; social support; self-esteem

1. **Introduction**

1. The first step is to identify the problem. In this case, the problem is that the system is not working properly.

1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023, 2024, 2025, 2026, 2027, 2028, 2029, 2030, 2031, 2032, 2033, 2034, 2035, 2036, 2037, 2038, 2039, 2040, 2041, 2042, 2043, 2044, 2045, 2046, 2047, 2048, 2049, 2050, 2051, 2052, 2053, 2054, 2055, 2056, 2057, 2058, 2059, 2060, 2061, 2062, 2063, 2064, 2065, 2066, 2067, 2068, 2069, 2070, 2071, 2072, 2073, 2074, 2075, 2076, 2077, 2078, 2079, 2080, 2081, 2082, 2083, 2084, 2085, 2086, 2087, 2088, 2089, 2090, 2091, 2092, 2093, 2094, 2095, 2096, 2097, 2098, 2099, 2100, 2101, 2102, 2103, 2104, 2105, 2106, 2107, 2108, 2109, 2110, 2111, 2112, 2113, 2114, 2115, 2116, 2117, 2118, 2119, 2120, 2121, 2122, 2123, 2124, 2125, 2126, 2127, 2128, 2129, 2130, 2131, 2132, 2133, 2134, 2135, 2136, 2137, 2138, 2139, 2140, 2141, 2142, 2143, 2144, 2145, 2146, 2147, 2148, 2149, 2150, 2151, 2152, 2153, 2154, 2155, 2156, 2157, 2158, 2159, 2160, 2161, 2162, 2163, 2164, 2165, 2166, 2167, 2168, 2169, 2170, 2171, 2172, 2173, 2174, 2175, 2176, 2177, 2178, 2179, 2180, 2181, 2182, 2183, 2184, 2185, 2186, 2187, 2188, 2189, 2190, 2191, 2192, 2193, 2194, 2195, 2196, 2197, 2198, 2199, 2200, 2201, 2202, 2203, 2204, 2205, 2206, 2207, 2208, 2209, 2210, 2211, 2212, 2213, 2214, 2215, 2216, 2217, 2218, 2219, 2220, 2221, 2222, 2223, 2224, 2225, 2226, 2227, 2228, 2229, 2230, 2231, 2232, 2233, 2234, 2235, 2236, 2237, 2238, 2239, 2240, 2241, 2242, 2243, 2244, 2245, 2246, 2247, 2248, 2249, 2250, 2251, 2252, 2253, 2254, 2255, 2256, 2257, 2258, 2259, 2260, 2261, 2262, 2263, 2264, 2265, 2266, 2267, 2268, 2269, 2270, 2271, 2272, 2273, 2274, 2275, 2276, 2277, 2278, 2279, 2280, 2281, 2282, 2283, 2284, 2285, 2286, 2287, 2288, 2289, 2290, 2291, 2292, 2293, 2294, 2295, 2296, 2297, 2298, 2299, 2300, 2301, 2302, 2303, 2304, 2305, 2306, 2307, 2308, 2309, 2310, 2311, 2312, 2313, 2314, 2315, 2316, 2317, 2318, 2319, 2320, 2321, 2322, 2323, 2324, 2325, 2326, 2327, 2328, 2329, 2330, 2331, 2332, 2333, 2334, 2335, 2336, 2337, 2338, 2339, 2340, 2341, 2342, 2343, 2344, 2345, 2346, 2347, 2348, 2349, 2350, 2351, 2352, 2353, 2354, 2355, 2356, 2357, 2358, 2359, 2360, 2361, 2362, 2363, 2364, 2365, 2366, 2367, 2368, 2369, 2370, 2371, 2372, 2373, 2374, 2375, 2376, 2377, 2378, 2379, 2380, 2381, 2382, 2383, 2384, 2385, 2386, 2387, 2388, 2389, 2390, 2391, 2392, 2393, 2394, 2395, 2396, 2397, 2398, 2399, 2400, 2401, 2402, 2403, 2404, 2405, 2406, 2407, 2408, 2409, 2410, 2411, 2412, 2413, 2414, 2415, 2416, 2417, 2418, 2419, 2420, 2421, 2422, 2423, 2424, 2425, 2426, 2427, 2428, 2429, 2430, 2431, 2432, 2433, 2434, 2435, 2436, 2437, 2438, 2439, 2440, 2441, 2442, 2443, 2444, 2445, 2446, 2447, 2448, 2449, 2450, 2451, 2452, 2453, 2454, 2455, 2456, 2457, 2458, 2459, 2460, 2461, 2462, 2463, 2464, 2465, 2466, 2467, 2468, 2469, 2470, 2471, 2472, 2473, 2474, 2475, 2476, 2477, 2478, 2479, 2480, 2481, 2482, 2483, 2484, 2485, 2486, 2487, 2488, 2489, 2490, 2491, 2492, 2493, 2494, 2495, 2496, 2497, 2498, 2499, 2500, 2501, 2502, 2503, 2504, 2505, 2506, 2507, 2508, 2509, 2510, 2511, 2512, 2513, 2514, 2515, 2516, 2517, 2518, 2519, 2520, 2521, 2522, 2523, 2524, 2525, 2526, 2527, 2528, 2529, 2530, 2531, 2532, 2533, 2534, 2535, 2536, 2537, 2538, 2539, 2540, 2541, 2542, 2543, 2544, 2545, 2546, 2547, 2548, 2549, 2550, 2551, 2552, 2553, 2554, 2555, 2556, 2557, 2558, 2559, 2560, 2561, 2562, 2563, 2564, 2565, 2566, 2567, 2568, 2569, 2570, 2571, 2572, 2573, 2574, 2575, 2576, 2577, 2578, 2579, 2580, 2581, 2582, 2583, 2584, 2585, 2586, 2587, 2588, 2589, 2590, 2591, 2592, 2593, 2594, 2595, 2596, 2597, 2598, 2599, 2600, 2601, 2602, 2603, 2604, 2605, 2606, 2607, 2608, 2609, 2610, 2611, 2612, 2613, 2614, 2615, 2616, 2617, 2618, 2619, 2620, 2621, 2622, 2623, 2624, 2625, 2626, 2627, 2628, 2629, 2630, 2631, 2632, 2633, 2634, 2635, 2636, 2637, 2638, 2639, 2640, 2641, 2642, 2643, 2644, 2645, 2646, 2647, 2648, 2649, 2650, 2651, 2652, 2653, 2654, 2655, 2656, 2657, 2658, 2659, 2660, 2661, 2662, 2663, 2664, 2665, 2666, 2667, 2668, 2669, 2670, 2671, 2672, 2673, 2674, 2675, 2676, 2677, 2678, 2679, 2680, 26

Age Group	Option A	Option B	Option C	Option D
18-24	~85%	~10%	~3%	~2%
25-34	~75%	~15%	~5%	~5%
35-44	~65%	~20%	~10%	~5%
45-54	~55%	~25%	~15%	~5%
55-64	~45%	~30%	~20%	~5%
65+	~35%	~35%	~25%	~5%

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1. The first step in the process of identifying a problem is to define the problem. This involves identifying the symptoms of the problem and determining the scope of the problem. For example, if a company is experiencing a decline in sales, the first step would be to identify the symptoms of the decline and determine the scope of the decline.

2. The second step in the process of identifying a problem is to analyze the problem. This involves identifying the causes of the problem and determining the impact of the problem. For example, if a company is experiencing a decline in sales, the second step would be to analyze the causes of the decline and determine the impact of the decline.

3. The third step in the process of identifying a problem is to develop a solution. This involves identifying the options for solving the problem and determining the best option. For example, if a company is experiencing a decline in sales, the third step would be to develop a solution for the decline and determine the best option.

4. The fourth step in the process of identifying a problem is to implement the solution. This involves putting the solution into action and monitoring the results. For example, if a company is experiencing a decline in sales, the fourth step would be to implement the solution and monitor the results.

5. The fifth step in the process of identifying a problem is to evaluate the solution. This involves determining whether the solution has been effective and whether the problem has been solved. For example, if a company is experiencing a decline in sales, the fifth step would be to evaluate the solution and determine whether the problem has been solved.

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# Bulletin Board

EAST BAY EXPRESS

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